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Thursday, February 11<sup>th</sup>, 2010  
Workshop and Luncheon  
Cartier Place Suite Hotel

### **Workshop: Maximizing Your F&B**

(CEU credits: 3.0)

Food is an important part of our everyday lives, and an important part of the meetings and events in which we all participate. Come join other MPI members to learn about what impacts food has on your attendees and what more we can do to help those with special and increasingly complex food requirements.

Participants can expect to learn how to source food locally and the benefits of using local suppliers. They will also learn about common and uncommon food allergies, what can be done in cases of an allergic reaction, and how to pick menu items that will maximize attendee functionality.

This educational session will provide great information for both planners and suppliers alike.

### **Networking Reception and Lunch**

Heather Hossie of Savour Ottawa will deliver a presentation on buying and eating locally. The benefits of buying locally help us all in healthy eating habits, greening our meetings, and giving back to our communities. Come join us for a networking lunch and learn about this and more. This will build on the morning presentation.

### **Special thank you to our Host Property and Sponsors:**





MEETING PROFESSIONALS INTERNATIONAL

**DATE:** Thursday, February 11<sup>th</sup>, 2010

**LOCATION:** Workshop & Luncheon  
Cartier Place Suite Hotel (complimentary parking for All participants)  
180 Cooper Street  
Ottawa, Ontario, K2P 2L5  
(613) 236-5000

**AGENDA:** 8:00 – 9:00 am Registration and Continental Breakfast  
9:00 – 11:30 am Workshop: *Maximizing Your F&B*  
11:00–12:00 pm Networking & Registration  
12:00 – 1:30 pm Lunch & Presentation Heather Hossie, Savour Ottawa

**REGISTRATION FEES: (GST included - GST #: 130663511)**

	<b>Educational Session &amp; Luncheon Session Only</b>	<b>Education Session only</b>	<b>Luncheon Only</b>
Pre-Registration Member	<input type="checkbox"/> \$103.95	<input type="checkbox"/> \$78.75	<input type="checkbox"/> \$36.75
Pre-Registration Non-Member	<input type="checkbox"/> \$120.75	<input type="checkbox"/> \$89.25	<input type="checkbox"/> \$42.00
Pre-Registration Student	<input type="checkbox"/> \$52.50	<input type="checkbox"/> \$38.85	<input type="checkbox"/> \$26.25
On-Site Registration Member	<input type="checkbox"/> \$115.50	<input type="checkbox"/> \$89.25	<input type="checkbox"/> \$42.00
On-Site Registration Non-Member	<input type="checkbox"/> \$136.50	<input type="checkbox"/> \$103.95	<input type="checkbox"/> \$47.25

First time attending an Ottawa Chapter of MPI Event

❖ **If you are bringing a guest please copy this form and complete it for them.**

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Special food restrictions or allergies: \_\_\_\_\_

Member:  Yes /  No       Cheque /  Credit /  Cash      Amount:\$ \_\_\_\_\_

Amex/Visa/MasterCard #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Make cheque payable to MPI Ottawa**

C/o Kathryn Cyr & Associates Kanata North RPO, Box # 72044, Kanata, ON K2K 2P4

Fax: (613) 271-2721      Tel: (613) 254-5653

Please check if you prefer not to have your contact information included on the participant list which may be provided to sponsors

Deadline for Pre-Registration is **February 8<sup>th</sup>, 2010 before noon.**

Cancellations must be received in writing 2 days prior to event. All no shows will be invoiced.